

## The European Charter of Outdoor Sports

### Preamble

We believe that Outdoor Sports are very important to many Europeans and need to be developed, managed and promoted to optimise and to provide sustainability to the benefits that they bring.

The partners of the European Network of Outdoor Sports (ENOS) [www.nature-sports.eu](http://www.nature-sports.eu) have highlighted the importance of a European Charter that expresses a shared vision for outdoor sports across Europe.

### The signatories of this Charter:

- Recognise and are aware of the diversity of approaches, culture and regulations within different countries across Europe;

- Consider there is a need to improve the strategic development of outdoor sports in Europe



## THE 10 COMMITMENTS FOR OUTDOOR SPORTS IN EUROPE



1

### Outdoor sports for all

We will promote all aspects of outdoor sports and support inclusive opportunities for all types of participants

2

### Physical activity and mental health

We recognise and promote the evidence that outdoor sports have a positive effect on the physical and mental health of participants.

3

### Access to areas and sites

We believe that natural areas should be accessible for sustainable responsible activities but that at times appropriate regulations and limitations may be considered in collaboration with all parties involved.

4

### Education and socialization

We recognise and promote the evidence that outdoor sports can contribute significantly to European targets for Health Enhancing Physical Activity (HEPA) and have a positive effect on the mental well-being of participants.

5

### Environmental awareness and conservation

We confirm that outdoor sports must respect the environment to ensure sustainability and believe that outdoor sports can raise awareness of environmental issues.

6

### Safety of participants

We believe in the importance of training, qualification and accreditation in outdoor sports.

7

### Local economy and tourism

We believe that outdoor sports can support traditional economic activities and the local tourism economy.

8

### Tourism and culture

We believe that the strategic development of national and cross-border tourism from outdoor sports creates opportunities to discover and value the natural sites of European member states.

9

### Professional mobility in the European Union

We believe in the mobility of outdoor sports professionals and the exchange of good practice.

10

### Innovation and social inclusion

We believe that outdoor sports continually develop, change and are modified and therefore meet the needs of present and future generations. Such innovations are to be encouraged to support high performance but also accessibility for all.

