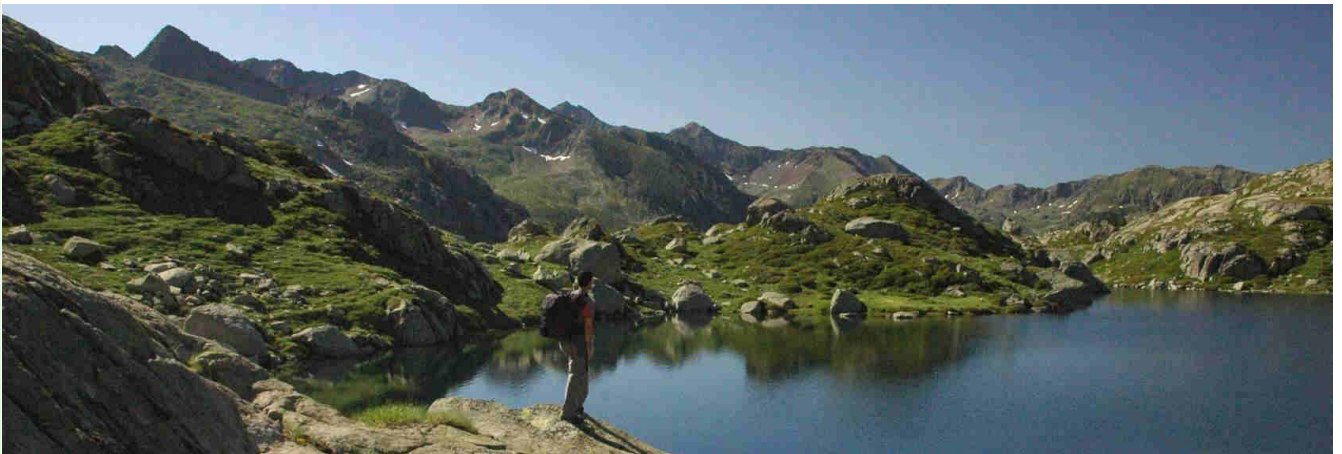


Outdoor activities in protected areas

Impacts and regulations

Marc Garriga Lujan
Manager Alt Pirineu Nature Park



Parc Natural
de l'Alt Pirineu



Generalitat
de Catalunya

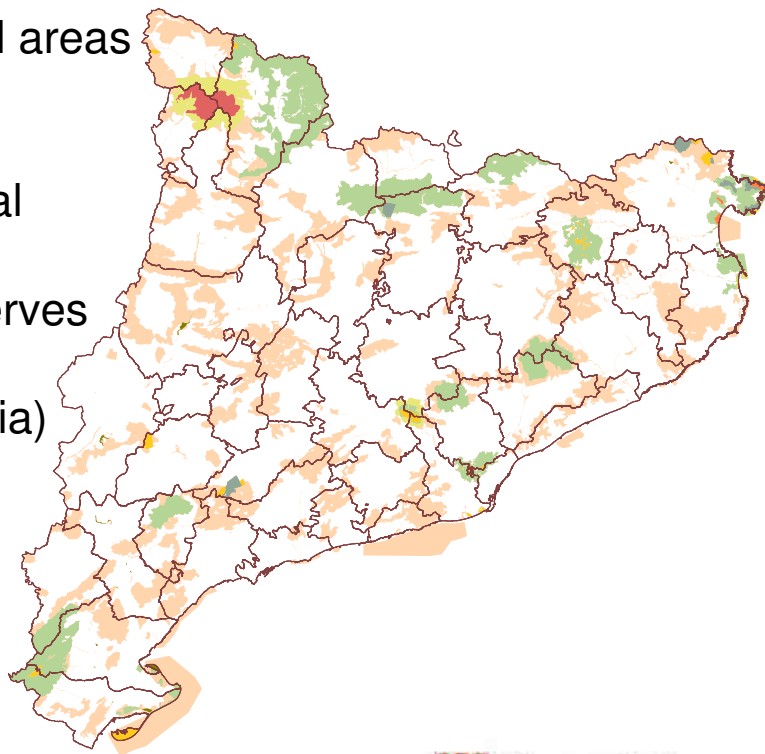
Catalan network of protected areas

Specially protected natural areas

- 1 National Park
- 13 Natural Parks
- Natural Places of National Interest
- Natural and Marine Reserves

300.535 ha (9,4% Catalonia)

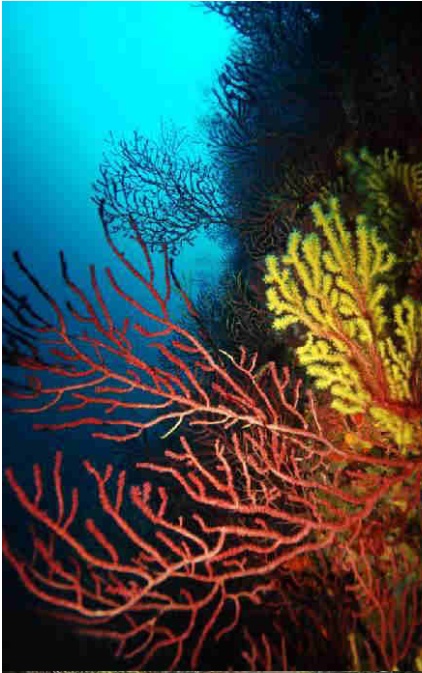
Natura 2000 network
(30% de Catalonia)



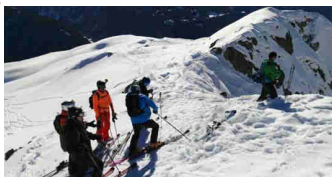
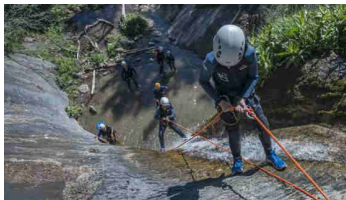
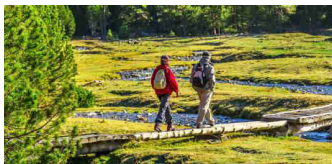
Parc Natural
de l'Alt Pirineu



Generalitat
de Catalunya

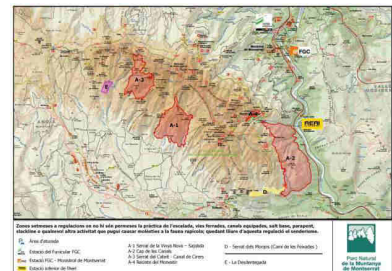


Outdoor activities in Catalan protected areas



Regulation in Catalonia

- *Decree 148/1992, which regulates the photographic, scientific and sports activities that can affect wildlife*
 - In protected natural areas, prior authorization is required for carrying out the following sports activities: Climbing, caving, flight (up to 300 m above the ground) and descent through the air and landing of ultralight, paragliding, hang gliding and other devices, manned or not, and sailing with boats or other nautical equipment. Mountain bike and any ground sports test or activity that requires the competition of an artifact. Swimming.
 - The manager of the protected space can determine the areas and periods in which the mentioned activities can be carried out without authorization.



Regulation in Catalonia

- *Decree 56/2003 regulating physical-sports activities in the natural environment*
 - Obligations that must be met by entities, establishments and companies dedicated to the organization of physical activities and outdoor recreation: registered in a census, insurance policies, qualifications of staff, approved and good condition of equipment..
 - Safeguarding of the natural environment: The specific regulations of the protected natural area must be complied with and the planning instruments that it develops.
 - The protection of consumers



And trail running competitions?

Evolution at Alt Pirineu Natural Park



Trail running races

- *No specific regulation*
- *But..* legal advice from the Generalitat says:
 - Trail running races, in terms of new and current activity, are not expressly envisaged in Decree 148/1992, nor in Decree 56/2003, although due to their nature of sporting activities they are it must consider the aforementioned regulations in application, at least as far as general principles that inspire them



Parc Natural
de l'Alt Pirineu



Generalitat
de Catalunya

Tendencias

El debate sobre deporte y naturaleza

Carreras de montaña: al filo de lo insostenible

El exceso de corredores en espacios protegidos levanta críticas

ANTONIO CERRILLO
Barcelona

La proliferación de carreras de montaña en las que participan centenares de deportistas en espacios protegidos empiezan a ser una amenaza para algunos de estos enclaves. Esta es la alerta que lanzan algunos expertos ante el vacío legal existente. España cuenta con infinidad de espacios naturales protegidos, pero la afluencia masiva de deportistas es autorizada sin que los parques naturales cuenten con un plan rector de

los Animales Salvajes (Fapas). Las alarmas se encendieron el 13 de septiembre, en la carrera Desafío Oso Somiedo, en el parque natural de Somiedo. Fapas denunció que en el itinerario los deportistas podían toparse con los osos, y, tras su denuncia a la Fiscalía, esta obligó a los organizadores a modificar el itinerario.

“Estamos ante una utilización mercantil de un espacio natural, con la justificación de una actividad deportiva”, dice Harbasiánchez. Las inscripciones se llenan a veces en cuestión de horas. La movilización seduce además a las empresas patrocinadoras.

La Spain Ultra Cup

Transpirineña

125 y 82 km • 1 de marzo
la carrera integral de la isla de Gran Canaria atravesó parajes como Macpalomas o el Roque Nublo

Penyagolosa Trails GP

115 y 63 km • 17 de mayo
Campeonato España Fedme Ultra 2014. Organizada por los clubs de montaña de Castellón, Parque natural Penyagolosa

Volta Cardanyà Ultrarons

Trail del Aneto-Posets, que se celebran en julio. Las del año pasado incluyeron tres competiciones, con una partición de 3.000 plazas en dos días, y se desarrollaron en seis espacios naturales (entre ellos, el glaciar del Posets o el parque natural Posets-Maladeta). Para la edición del 2014, se han reducido los cupos en dos pruebas, pero no había un límite de plazas para el Maratón de Las Tucas (aunque, tras conocer las quejas por este diario, José Luis Hernández, gerente de la Asociación Turística Empresarial del Valle de Benaque, la entidad promotora, subió al instante el lí-



Parc Natural
de l'Alt Pirineu



Generalitat
de Catalunya

Code of good practices

In the organization and celebration of trail running races and marches



 **Parc Natural
de l'Alt Pirineu**

Goal

Provide the organizing entities, administrations and participants with a set of guidelines, recommendations and documents that make the development of this activity compatible with the conservation of nature and respecting ownership of land.

Phase I - Design of the race

Phase II - Development of the race

Phase II - Completion of the race and evaluation

 **Generalitat
de Catalunya**

Phase I - Design of the race

- Pre-memory and memory (specific model)
- Authorization management protected area
- Authorization / communication owners land
- Annual calendar and max. participants
- Advertising of the race
- Security and emergencies
- Regulations of the corridor
- Identification and correction of impacts

Phase II - Development of the race

- During the race, watch out so that no one leaves the path
- Do not throw waste
- Communication environmental incidents (runners and organizers)
- Environmental referee figure
- Avoid sound emissions outside the starting and arrival point
- Promotion of the territory and its products
- Satisfaction surveys



**Parc Natural
de l'Alt Pirineu**



**Generalitat
de Catalunya**

Phase III - Completion of the race and evaluation

- Remove all the material before 24-48 hours after the race
- Assessment race organization-city council-environmental administration



Future

- Diffusion of code - organizers, environmental administrations
- Incorporate requirements in authorizations (will incorporate the Department)
- Certification / tag
- Adapt code to other sports practices such as the mountain bike competitions
- Study the return to property and conservation of the territory (donation?)
- Adapt existing regulations to the code



Parc Natural
de l'Alt Pirineu



Generalitat
de Catalunya

Thank you for your attention
We are waiting for you in Alt Pirineu!
At the new future Catalan Republic

parcsnaturals.gencat.cat/altpirineu



/pnaltpirineu



@pnaltpirineu



@pnaltpirineu



/pnaltpirineu

