

## Launch of the Outdoor Sports Euro'Meet 2019 in Brussels and Lisbon



The 5th OUTDOOR SPORTS EURO'MEET will take place from 24th until 26th of September 2019 in the beautiful Portuguese city of Viana do Castelo that is famous for its marine and water sports culture.

One year before the event, Viana do Castelo Town Hall and the European Network of Outdoor Sports launched the conference officially in the Portuguese Permanent Representation in the European Union (Brussels). A great moment in the presence of the Portuguese ambassador, the representative of the sports unit of the European Commission and many partners: EUROPARC federation, International Sport and Culture Association (ISCA), European Outdoor Group (EOG), Rurality – Environment – Development (RED)...

José Maria Costa, mayor of Viana Do Castelo, emphasised to be very proud to host the event on his territory next year as outdoor sports are very present and related to many issues (social, educational, environment, economic ...).

He presented a film to introduce the region of Viana and the different activities practiced.

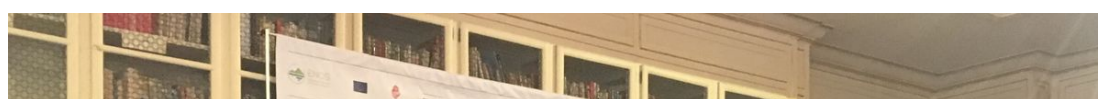
François Beauchard, chairman of ENOS presented the 4 themes of the conference:

- #BeActive, Be Healthy, Be Outdoors
- Blue growth
- Urban outdoor
- Inclusive outdoor

Discover the movie and the themes on the ENOS web site <http://www.outdoor-sports-network.eu>

A national launch has been also organized on 13th of November in Lisbon at National Sport Museum. with all the partners and in presence of João Paulo Rebelo, Secretary of State of youth and Sport.

The same day the organizing committee prepared the call of speakers that will be launched in early 2019.







## Europarc conference

From 18th to 21st of September 2018 the conference of Europarc was held in Aviemore, Scotland. On this occasion, a memorandum of understanding was signed between Europarc and ENOS, regarding enhancing cooperation on responsible outdoor sports in European protected areas.

Both Parties recognise that:

- Protected Areas are the repositories of humanity's natural and cultural heritage and a key tool to achieve biodiversity conservation
- Outdoor sports practiced in natural environments have a strong positive effect on practitioners' physical and mental health
- Outdoor sports strongly contributes to the role of Protected Areas as promoters of territorial socio-economic development and sustainable green jobs creation
- Outdoor sports practitioners should respect the environment to ensure sustainability and biodiversity conservation
- Outdoor sports practitioners can raise awareness on environmental issues and become good ambassadors for nature protection



During the conference ENOS also organized a workshop on social inclusion through outdoor sports in natural areas. Around twenty-five people from thirteen countries joined this workshop to discover the Sesame program implemented at CREPS Auvergne-Rhône-Alpes, site of Vallon Pont d'Arc and the Turn Around program of Wilderness foundation UK. The exchanges that followed showed that, according to the countries, we don't all have the same level of involvement on the subject of social inclusion and the benefits that nature can bring to young people.

Presentations available [here](#)







## Benefits of Outdoor Sports for Society project: steering committee in Milan

The 3rd steering committee of the BOSS project was hosted in Milan the 27th and 28th of September.

The steering committee members notably discovered the work done by the University of Sheffield on the development of the model of evaluation of the social benefits of the sports of nature (work package 2).

The creation of this model is not so simple, because the literature review carried out at the beginning of the project (work package 1) only allowed to create reliable and solid indicators in the field of health benefits. The model will combine population-based indicators and primary research through field surveys (work package 3) to be conducted in 2019 on twelve case studies in Europe.

The next meeting to select the 12 case studies of the project is scheduled for 26 and 27 November in Paris.

Web site: <https://outdoorsportsbenefits.eu/>



## European MTB guide-instructor project

Coming into the final stage of the European MTB guide-instructor project, the first group of candidates took their European exams in October 2018. During three days, 7 guides-instructors from the Netherlands and Belgium were tested and evaluated in a wide range of skills & competencies. A group of international assessors, representing organisations such as Moniteur Cycliste Francais, the Association of British Mountainbike Guides, Swiss Cycling, Slovenian Cycling and NTFU, were responsible for setting the standards and evaluate the first group of candidates.

2 candidates passed all 8 exams and became the first two official European MTB instructor-guides from the Netherlands. The train-the-trainer programs for new countries / training providers, European exams and further development of the EU standard will continue. Based on the evaluations between all project partners, candidates and assessors, the set-up of the exams, assessment criteria and training program will need some finetuning here and there. This task will be finished within the official project period of this Erasmus plus project



This task will be finished within the official project period of this Erasmus plus project, anticipated in December 2018. From then on, EO-MTBing will be responsible for future development, quality assurance and further implementation of the standard at the EU level. Larger numbers of MTB guides-instructors from various European countries are expected to enroll the scheme in 2019.

More information: <https://www.imba-europe.org/>



## In Northern Ireland: outdoor recreation network - social value of the outdoors

2018 marks the 50th year of the Outdoor Recreation Network and also of Tollymore National Outdoor Centre in Northern Ireland. On this occasion an important conference examining the Social Value of the Outdoors took place on 11th and 12th October 2018.

The first keynote speaker was Dr Tadhg McIntyre from the University of Limerick and the GoGreenEx Network.

Tadhg provided 4 key messages for improving mental well-being.

1. Green exercise – move in nature
2. Nature savouring – recalling positive of nature experiences
3. Find a restorative nature space – knowing where you go to feel calm
4. Take micro breaks – viewing nature from 40 seconds to 2 minutes to enhance recovery

The second keynote speaker was Dr Barbara Eigenschenk who was the Work Package leader of the systematic review for the “Benefits of Outdoor Sports for Society” (BOSS) project. She presented the initial findings of the study and this was really well received as delegates acknowledged in the feedback session that no-one has pulled together the detail on the range of benefits the outdoors provides before.

Other speakers focused on local developments or initiatives. One of the main positives from the conference was the time available for discussion and networking.

Further details available [here](#).







The Regional Olympic and Sports Committee of Pays de la Loire member of ENOS organized the Atlantic Games from 26 to 31 August 2018.

In total there are about 300 young athletes aged 12 to 21, from 15 cities and Atlantic regions (Nouvelle Aquitaine, Avilés, Brittany, Cantabria, Galicia, Ireland, Viana Do Castelo, Pays Basques, Pays de la Loire ...) who have come together to make the Atlantic Games 2018 a beautiful festival of youth, sea and Europe.

These young sportsmen and sportswomen, who could glimpse or consolidate a high-level sports career with, for some, the Olympic Games Paris 2024 in focus, were registered in 6 water and aquatic activities: rowing, canoeing, swimming with fins, swimming in open water, life rescue and sailing.

On the program there were competitions, animations and a conference on the place of Nautical Sports in the European Atlantic Area within the framework of the Erasmus + Sport D.A.W.N. project, ...

To honour the work of the Regional Olympic and Sports Committee of Pays de la Loire for this year and more generally the investment of the Atlantic Committee of Nautical Sports since 1995, the 2018 edition of the Atlantic Games received, on October 23rd at Vigo, at the 5th Atlantic Stakeholders Platform Conference, the Atlantic Project Awards in the category "Improve accessibility and connectivity" from the Directorate of Maritime Affairs and Fisheries of the Union European.

Web site: <http://www.atlanticgames.eu>



**ESSA-Sport: the first European online employer skills survey in the sport and physical activity sector is now open and ENOS invite you to take part!**



The European Sector Skills Alliance for Sport and Physical Activity (ESSA-Sport) will deliver the

first EU wide Employment and Skills map of the sport and physical activity sector across the 28 Member States – a sector of huge economic and social significance where new businesses and jobs are being created and new skills are needed to match the expectation from the labour market.

ESSA-Sport is a transnational initiative, funded under Erasmus+ and coordinated by the European Observatoire of Sport and Employment (EOSE) with a supporting partnership of 18 national partners and 5 EU networks. ENOS was already present on previous project meetings and joined the project as an official partner since October 2018.

The sector is growing and changing, with increasing expectations to improve health, develop people and communities and provide employment, yet we know very little about the size and structure of employment and the skills needed to work in the sector.

ESSA-Sport aims to address this gap and provide the first comprehensive employment and skills map to help the strategic development of the sector.

## THE EUROPEAN ONLINE EMPLOYER SKILLS SURVEY

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The survey is a central part of the project and the results will be used to inform:

- The production of 28 national reports and action plans on skills and employment in sport - one for each EU member state;
- The development of the first EU-wide analysis of employment and skills across the whole sector;
- The organisation of the first EU Skills Summit for the sport sector in 2019 to present and debate the findings of the survey and future priority actions.

The aim of the survey is to gather employer views on the realities and challenges facing the sport sector which is growing, changing and becoming increasingly important to the social and economic future of Europe, and to make recommendations for future action.

By completing the questionnaire, you will make an invaluable contribution to the future of skills and workforce development in the sport and physical activity sector in Europe.

TAKE PART IN THE SURVEY!

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## IF YOU WANT

**Contribute** to the development of outdoor sports at a strategic level

**Share** developments and ideas with European partners

**Support** the protection of our natural areas of mountains, forests, parks and water

**Build** connections to support opportunities for pan European funding

**Promote** your organization across Europe through our website, events and publications

**Develop** your expertise by working with other outdoor sports enthusiasts in a European context

Join us by clicking on the photo!



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